



Welcome to the Table of Nations

Shalom! Genesis 10, the Table of Nations, shows how Noah's sons—Shem, Ham, and Japheth—became the ancestors of all people after the Flood (around 2348 BC). This lesson focuses on Japheth's family, who spread to Europe, Russia, and Asia with unique traits like light skin and blue or green eyes. You'll learn how the number seven shows Elohim's plan!

- **Activity:** Write one sentence: "Why is the Table of Nations important?"

The Flood and Noah's Family

After the Flood, Noah's ark landed on the mountains of Ararat. His three sons started new families. Genesis 10 lists their descendants, called the Table of Nations. Japheth's seven sons—Gomer, Magog, Madai, Javan, Tubal, Meshech, and Tiras— returned to the lands they occupied before the flood.

- **Activity:**

Circle the correct answer:

When did the Flood happen? A) 2025 AD B) 2348 BC C) 1000 BC
(Answer: B).

Japheth's Seven Sons

Genesis 10:2 says, 'The sons of Japheth: Gomer, Magog, Madai, Javan, Tubal, Meshech, and Tiras.' These seven sons show Elohim's perfect number!

They moved to:

- Gomer: Caucasus (near Turkey).
- Javan: Greece.
- Magog, Tubal, Meshech: Russia.
- Madai: Iran.
- Tiras: Europe.

Activity: Match each son to their region (e.g., Javan → Greece).

Physical Traits of Japheth's Family

The Table of Nations doesn't list traits, but history shows Japheth's descendants in Europe and Asia had light skin, blonde, red and brown hair, and blue, green and brown eyes. These traits match Elohim's design, seen in the Bible's truth!

Activity:

Draw a person with one trait (e.g., blue or green eyes). Write: "This shows Elohim's plan because..."

The Power of Seven in Numbers

Japheth's name in Hebrew is יָפֶֿתֿ (Yefet). Each letter has a number: Y=10, P=80, T=400. Add them: $10 + 80 + 400 = 490$. This is divisible by 7 ($490 \div 7 = 70$), showing a perfect cycle! Seven sons and seven rainbow colors also show Elohim's plan."

Activity:

Add the numbers for "Yefet" ($10 + 80 + 400$). Circle: "Is 490 divisible by 7? Yes/No.

Angels Calendar Project

The Angels Calendar tracks Elohim's plan. Draw Japheth's family on your calendar page. Add a ship for their travels and write 'Japheth = 490'.

Activity: Draw and label the calendar page (provided as a template).

Quiz Time

Test what you learned!

Questions:

1. How many sons did Japheth have? A) 5 B) 7 C) 10 (Answer: B).
2. Where did Javan settle? A) Africa B) Greece C) Australia (Answer: B).
3. What traits do Japheth's descendants often have? A) Light skin, diverse hair/eyes B) Only dark hair C) Only brown eyes (Answer: A).
4. What is the gematria of "Yefet"? A) 490 B) 777 C) 203 (Answer: A).

Reflection and Next Steps

The Table of Nations shows how Japheth's family spread Elohim's plan to the world. Their traits and the number seven connect us all! Reflect: How does Japheth's story show Elohim's love for everyone?"

Activity: Write 1–2 sentences answering the reflection question.

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